

let your
evolution
begin

SCHEDULE YOUR VISIT
AND START YOUR
APPLICATION

Pomfret.org

POMFRET

398 Pomfret Street
PO Box 128
Pomfret, CT 06258-0128

Admissions: 860.963.6120

POMFRET



A man with glasses and a grey sweater is sitting at a desk, gesturing with his hands while speaking. A woman with curly hair is sitting next to him, looking at a laptop. In the background, a whiteboard lists Spanish grammar rules for the preposition 'por' followed by various verbs in infinitive form. A bookshelf with books and supplies is also visible.

The QUEST curriculum is designed to help you understand your values, habits, working styles, and more so that your overall learning experience is more comprehensive and more aligned with your integrity. With college counseling as part of the program, you will feel well-equipped to study at Pomfret and wherever you go next.

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**You're one of
nearly 8 billion
trying to unravel
what "being human"
actually means.**

Because if you can uncover what makes you feel most human, you'll live fulfilled far past college.

**A student-powered school for
grades 9–12 and postgraduates
in Northeastern Connecticut,
preparing students for success
in college, career, and life as
healthy, resilient beings.**

500 ACRES

**VISTA SCIENCE
CENTER**

**CLARK MEMORIAL
CHAPEL**

**OLMSTED STUDENT
UNION**

HARD AUDITORIUM

**ARTS AND CERAMICS
STUDIOS**

**COLLABORATIVE
LEARNING CENTER**

**OLMSTED
OBSERVATORY**

**HELIOS GREENHOUSE
SPACES**

**JAHN HOCKEY
RINK**

**BLODGETT
BOATHOUSE**

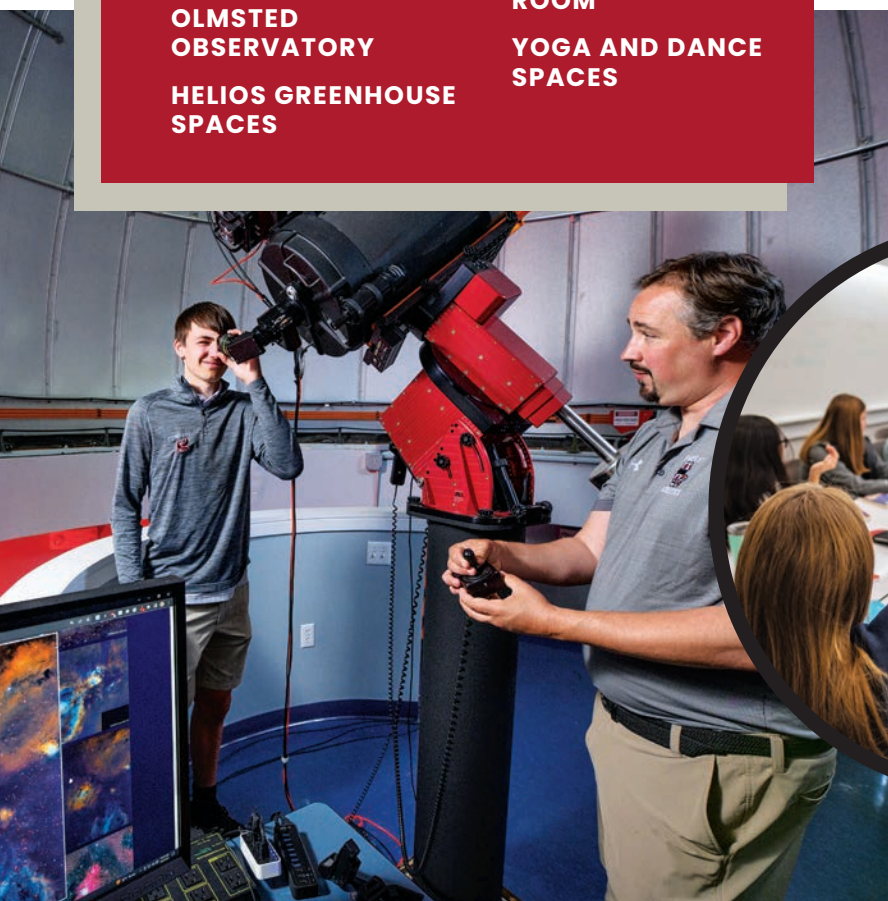
**BLODGETT TENNIS
CENTER**

SQUASH FACILITY

**STRONG FIELD
HOUSE**

**FITNESS CENTER
AND WEIGHT
ROOM**

**YOGA AND DANCE
SPACES**



We believe in taking care of your entire being, in recognizing the best practices that tap into your energy and build the confidence to reach high goals — and excel.

COMPETITIVE ATHLETICS

Baseball
Basketball
Cross Country
Crew
Field Hockey
Golf
Ice Hockey
Lacrosse
Softball
Soccer
Squash
Swimming
Tennis
Track & Field
Ultimate (Frisbee)
Volleyball
Wrestling

25
varsity
teams

47
total
teams

ROBUST AND EXPRESSIVE ARTS PROGRAM

7
art
disciplines

3
theater
productions
per year

10
honors and
advanced
art courses

CLUBS AND ACTIVITIES

Business Club
Chess Club
Cooking Club
Green Griffins
Knitting Club
Medical Club
Model UN
Robotics
+ MORE

UNITY GROUPS

Asian Students Association
Black Student Union
Gender and Sexuality Alliance
Jewish Student Union
La Familia



Become part of a welcoming and inclusive boarding environment that prioritizes individuality.





Your voice, your goals

**AN ACADEMIC PHILOSOPHY
THAT EMPHASIZES THE
GREATEST INTELLECTUAL
AND PERSONAL GROWTH**



CHAPEL TALK

The School gathers in Clark Chapel for weekly inspiring talks from students, sharing human experiences and deepening our connection as a community.



**Practice the language.
Conduct the research.
Choreograph the dance.
Publish the think-piece.**

PROJECT: POMFRET

Each winter, students engage in 10 days of design-thinking, experimenting, and problem-solving during Project: Pomfret.



No two people are the same, and Pomfret's academics and expert faculty reflect this truth, offering curriculum and experiences that challenge, engage, and inspire each student so that voices are heard, communities are built, and knowledge is embodied.

Each class meets for two 70-minute class blocks and one 45-minute class block each week.

75

honors and advanced courses

50

electives



Marine Ecology and Climate Change

The Art of Flash Fiction

Animation and Gaming

Global and Sustainable Development

Francophone Language and Culture

Chamber Orchestra

Painting and Drawing

+ MORE

CERTIFICATE PROGRAM

Certificates are offered in six domains: Social Justice, Sustainability, Global Citizenship and Awareness, Artistic Expression and Design, Character and Leadership, and STEM Exploration.

EXPERIENTIAL TRAVEL

Learn through cultural experience. Our Experiential Travel program lets you take your studies “on the road” and earn academic credit as you spend a week or two in Ecuador, Greece, Spain, France, Maine, and beyond.



OUR MISSION

Pomfret School empowers students to pursue lives of purpose and meaning.

85%
BOARDING

15% DAY
21% INTERNATIONAL

350 STUDENTS

FROM 29 STATES
AND 29 COUNTRIES

165 GIRLS
177 BOYS
8 NON-BINARY

22% STUDENTS
OF COLOR



6:1

student-
teacher ratio



12

students in the
average class

Close to 100% of
faculty live on
campus, and
over 70% live
on campus as
dorm parents
and affiliates.